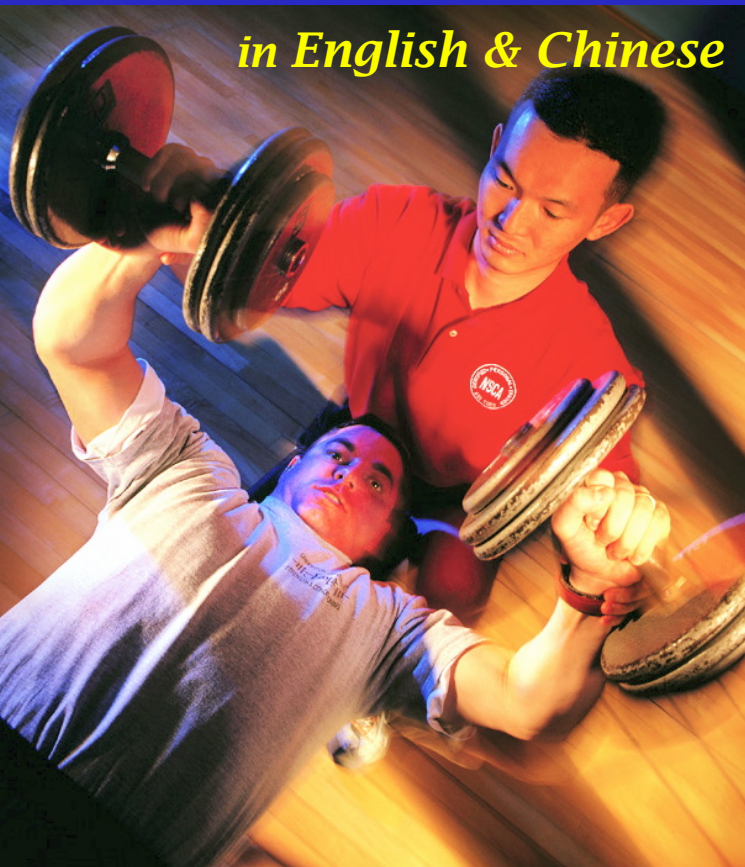


NSCA

Certified Strength and Conditioning Specialist

Get CSCS Certified

in English & Chinese



Earn the recognition you deserve
with the USA's 1st Nationally-Accredited
Fitness Certifications

Hong Kong Exam
Sunday December 9, 2007

Registration Deadline 3rd November, 2007

www.thesportessentials.com

NSCA

The National Strength and Conditioning Association (USA) is a worldwide authority on Strength and Conditioning. As a non-profit organization it supports the dissemination of research based knowledge and its practical applications for improving athletic performance and fitness.

CSCS Credentials

CSCS credentials are helping thousands of professionals achieve their career goals in many ways. This diverse group includes:

- strength coaches
- personal trainers
- physiotherapists
- sport scientists
- athletic trainers
- physicians & chiropractors
- researchers & educators

The Certified Strength and Conditioning Specialist (CSCS) applies his or her scientific knowledge to train athletes and various other individuals from the most basic level to the highest levels of elite performance.

Commonly regarded as the most challenging certification to attain in the fitness and performance field, earning this prestigious CSCS credential ensures respect and recognition from peers worldwide; improving job potential, and opportunities to coach, speak, and be published in journal articles.

For further information, please visit:
www.nsca-cc.org/cscs

CSCS EXAMINATION

Part 1:

Scientific Foundations

1.5 hrs, 80 Multiple Choice Questions

Part 2:

Practical / Applied

2.5 hrs, 110 Multiple Choice Questions

- Including 40 video based questions.

Language

For the first time in Hong Kong, the CSCS exam will be offered in both **ENGLISH** and **CHINESE** language.

Exam Fee

Standard	HK\$ 2,800
Student Rate*	HK\$ 2,400

Retake Fee: 1 paper	HK\$ 1,600
2 papers	HK\$ 1,900

Exam Registration

For further information and on-line registration, please visit: www.thesportessentials.com

For information regarding the examination and credentials, please visit www.nsca-cc.org/cscs

Registration Deadline: 3rd November, 2007

Exam Pre-requisites

Candidates must have attained a minimum of a bachelor's degree and must submit their original transcript showing degree earned for verification. Final year students may also apply to sit the exam, but results will be held pending graduation.

Proof of CPR is required prior to the release of examination results.

Venue

STANLEY HO SPORTS CENTRE
10 Sha Wan Drive, Sandy Bay,
Pokfulam, Hong Kong

Enquiries

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The Sport Essentials